The Purpose and Benefits of Worship

John 4:24 KJV

"God is a Spirit: and they that worship him must worship him in spirit and in truth."

Worship is one of the most powerful tools for the people of God. Anybody can praise God for the bible says, "Let every thing that hath breath praise the LORD. Praise ye the LORD (Psalm 150:6 KJV)." Meaning, if you're breathing, the bible commands you to praise the LORD. All can praise God, but all can't worship. "God is a Spirit: and they that worship him must worship him in spirit and in truth (John 4:24 KJV)." Worship is service. The goal is not to serve ourselves, but to serve God. Worship is adoration. "Ascribe to the LORD the glory due his name; worship the LORD in the splendor of holiness (Psalm 29:2 NIV)." Adoring God means you're ascribing worthiness to God for who he is and for what he has done. The purpose of true worship is to serve and adore God. Worship goes beyond the lifting of the hands, the expression of adoration, and tears rolling down your face. That's good and great, but worship is ultimately a lifestyle. It has to embody the essence of who you are. It is what man was made for.

Worship is every saint's replenishment station. When we worship, we are in a conversation that is bound in communion with our Lord and Savior which results in joy. While we give God our shouts, songs, and grateful hearts, he gives back to us living water, the bread of life, the breath of his spirit, healing, and deliverance. We need to make worship a priority in our lives. God's presence is where we should long to be. In his presence, God's overflowing love and light shines through so that we can share all that he is with those around us. We must place a premium on spending time with God vs. working for God. We are better through worship!

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