

Assessing
The
Problem

*Personal
Reflection*

S.W.O.C

- (identifying the problem)

Internal Factors

- Strengths
- Weaknesses

External Factors

- Opportunities
- Challenges

Strengths

- I can do all things through Christ which strengtheneth me. (Philippians 4:13 KJV)
- Then he said unto them, Go your way, eat the fat, and drink the sweet, and send portions unto them for whom nothing is prepared: for this day is holy unto our LORD: neither be ye sorry; *for the joy of the LORD is your strength.* (Nehemiah 8:10 KJV)
- God is our refuge and strength, a very present help in trouble. (Psalm 46:1 KJV)
- Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness. (Isaiah 41:10 KJV)
- Finally, my brethren, be strong in the Lord, and in the power of his might. (Ephesians 6:10 KJV)

Weaknesses

- And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong. (II Corinthians 12:9-10 KJV)
- He giveth power to the faint; and to them that have no might he increaseth strength. (Isaiah 40:29 KJV)
- Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered. (Romans 8:26 KJV)

Opportunities

- Walk in wisdom toward them that are without, redeeming the time.
(Colossians 4:5 KJV)
- Don't waste your time on useless work, mere busywork, the barren pursuits of darkness. Expose these things for the sham they are. It's a scandal when people waste their lives on things they must do in the darkness where no one will see. Rip the cover off those frauds and see how attractive they look in the light of Christ.

Wake up from your sleep,
Climb out of your coffins;
Christ will show you the light!

So, watch your step. Use your head. Make the most of every chance you get. These are desperate times!

(Ephesians 5:11-16 MSG)

Challenges

- Beloved, think it not strange concerning the fiery trial which is to try you, as though some strange thing happened unto you: But rejoice, inasmuch as ye are partakers of Christ's sufferings; that, when his glory shall be revealed, ye may be glad also with exceeding joy.
(I Peter 4:12-13 KJV)
- We are troubled on every side, yet not distressed; we are perplexed, but not in despair; Persecuted, but not forsaken; cast down, but not destroyed; (II Corinthians 4:8-9 KJV)
- My brethren, count it all joy when ye fall into divers temptations; Knowing this, that the trying of your faith worketh patience. But let patience have her perfect work, that ye may be perfect and entire, wanting nothing.
(James 1:2-4 KJV)

Ask yourself the following questions:

1. How can I use my strengths to help myself, to serve others, and live a better life?
2. Which of my weaknesses do I need to improve and how can I improve them?
3. What opportunities can I explore to improve myself and my life?
4. What can I do about the challenges I face?

Tactics of the enemy

- Over thinking
- Doubt
- Peer pressure (other voices outside of God)
- Intimidation
- Confusion and chaos

Areas of our life to *self-reflect* in order to
~Rebuild ~Restore ~Renew

- Spiritual Life
- Health
- Relationships
- Finances
- Personal growth
- Environment
- Career

We Have The Victory!

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways, submit to Him and He will make your paths straight.

Proverbs 3:5-6