BOTTOM LINE:
God is always with you.

OBJECTIVE:
Kids will learn they are never alone if they believe in Jesus.

KEY PASSAGE:
1 Kings 19:1-18. The Lord Appears to Elijah

MEMORY VERSE:
“When I am afraid, I put my trust in you.” - Psalm 56:3 (NIV)

See who can say the verse completely from memory.

SUMMARY:
It’s scary to think you are all alone, that no one cares. But God loves you. He will never leave you. He is on your side. He doesn’t want you to be afraid.

SIMPLE PRAYER:
Dear God,

Thank you for sending Jesus, and your Holy Spirit. Thank you for always being there so we are never alone.

In Jesus’ name,
Amen
ITEM NEEDED:
A pepper shaker

*Set the pepper shaker out in front of the kids.*

Does this look right to you? Right here we have a pepper shaker. You see these everywhere, right? You see them in restaurants and at home. We like to have them handy when we eat so that we can add a little pepper to our meal.

But when have you ever seen a pepper shaker all by itself? You don’t see it that often, do you? In fact you almost never see it. There’s something missing, isn’t there?

Salt! Whenever you see pepper, you see salt. You never see them apart. It’s like they belong together, isn’t it?

None of us like to feel like a lonely pepper shaker. We fear being alone. But when we know Jesus, we are never alone. He is always with us, and he will never leave our side.

If you don’t know Jesus as your Savior, you can have a relationship with Jesus. He died for your sins, and he’s waiting for you to welcome him into your heart.
A pepper shaker

Set the pepper shaker out in front of the kids. Does this look right to you? Right here we have a pepper shaker. You see these everywhere, right? You see them in restaurants and at home. We like to have them handy when we eat so that we can add a little pepper to our meal.

But when have you ever seen a pepper shaker all by itself? You don't see it that often, do you? In fact you almost never see it. There's something missing, isn't there? Salt! Whenever you see pepper, you see salt. You never see them apart. It's like they belong together, isn't it?

None of us like to feel like a lonely pepper shaker. We fear being alone. But when we know Jesus, we are never alone. He is always with us, and he will never leave our side. If you don't know Jesus as your Savior, now is a perfect time to invite him into your life. Ask someone here about how you can have a relationship with Jesus. He died for your sins, and he's waiting for you to welcome him into your heart.

PING NO PONG

ITEMS NEEDED:
Ping pong balls, a vented pizza pan

INSTRUCTIONS:
Cover a vented pizza pan (one with round holes in the bottom) with ping pong balls. Choose one player for this game. The player’s task is to tilt and spin the tray, emptying it of all the ping pong balls except one. If they are able to get down to just one ping pong ball, they win.

VARIATION:
This can be a timed game (60 seconds). It can also be a race between two players to see who can get down to one ball first.

WHAT’S THE POINT?
No one likes to be alone. If we know Jesus, we are never alone.
FAMILY BIBLE LESSON

BOTTOM LINE:
God is always with you.

OBJECTIVE:
Kids will learn they are never alone if they believe in Jesus.

KEY PASSAGE:
1 Kings 19:1-18. The Lord Appears to Elijah

INTRO
We’ve talked about a lot of scary things in the previous lessons. We talked about how scary it can be to try new things. We’ve talked about how scary it is to be in need and not have enough of something. And we’ve talked about our fear of pain and being hurt. Today we’re going to talk about one more fear: the fear of being alone.

If life were a scary movie, being alone would be truly scary. I don’t know how many scary movies you’ve seen, but being alone is never a good thing in scary movies. It’s when people split up that bad things happen. If two people split up, one of them is guaranteed to run into trouble. And if someone tells their friends, “I’ll be right back,” they won’t be right back, because as soon as they leave, that’s when the monster will get them.

Thankfully, real life is not like scary movies. If one of you were to get up and go to the restroom and tell your friends that you’ll be right back, guess what? You’ll be right back, because there are no scary monsters between here and the restroom. I know, I already checked.

That doesn’t mean that being alone isn’t scary. For some people it’s very scary. Imagine if you didn’t have friends you could talk to. Imagine if you didn’t have siblings to share your life with. Imagine if you didn’t have a mom or a dad or grandparents. It’s a scary thought, isn’t it?

Elijah was one of God’s greatest prophets, a man who did great things for the Lord. But after one of Elijah’s greatest triumphs, he found himself alone. He was so alone and so sad, he wanted to die. It was then that God stepped in and showed him that as long as he kept his faith in God, he was never alone.
FAMILY BIBLE LESSON

READ 1 KINGS 19:1-18

MAIN POINT
Elijah went from a moment of great victory to a moment of great despair. He had just shown the wicked King Ahab and all the people of Israel that God was the one true God. He had also brought rain back to Israel after a long drought. But when Jezebel, the queen, learned of Elijah’s victory, she sent her men to kill him.

Elijah ran for his life. He felt alone. He felt abandoned. He felt like he was the only man of God left. He had no friends, no followers, no one to side with him. He felt completely alone.

But he was not alone! God sent his angels to care for him. Then God went and spoke to Elijah himself. God showed Elijah that he was never alone. God was already planning to continue Elijah’s work, in his lifetime and after.

When we place our faith in God, he will be faithful to us. He will stay near us, and he will never abandon us. We have no reason to fear being alone because, if we believe in God, we are never alone!

DRIVE IT HOME
Elijah had a unique one on one relationship with God. He lived in the time before Jesus, and he was one of the few who spoke to God directly. The good news for us is that we can all have that personal relationship with God. Thanks to Jesus, we can know God personally. We can invite him into our hearts, speak with him daily, and live our lives for Him.

Jesus is the son of God. He came to Earth to die for our sins. Three days after Jesus died, he rose from the grave. God gave him the power to forgive sins and to grant eternal life.

When we accept Jesus as our Savior, he sends his Holy Spirit to live in our hearts. Through the Holy Spirit, we can pray directly to God. We can learn about God through his Word, the Bible, and God can speak to us through the Bible and through prayer.

The Holy Spirit is God’s gift to all who believe in Him. When the Holy Spirit lives inside you, you are never alone because God is with you. No matter how sad you may be, no matter how few friends you think you have, you always have a companion.

God has great plans for you, just as he did Elijah. God also wants to know you and let you know him personally, just like Elijah. It all begins with a simple invitation.
Accept-ing Jesus means that you are never, ever alone.

CLOSE WITH A SIMPLE PRAYER

Dear God,

Thank you for sending Jesus, and your Holy Spirit. Thank you for always being there so we are never alone.

In Jesus’ name,

Amen
LESSON DISCUSSION QUESTIONS

ICEBREAKER
Why is it scary to be alone?

DISCUSSION QUESTIONS
Read 1 Kings 19:1-18

What did Jezebel do after she learned what Elijah did to the prophets of Baal?

Why did Elijah run and hide?

How did God provide food for Elijah?

Was Elijah really alone?

What did Jesus do so that he could give us his Holy Spirit?

How can we receive the Holy Spirit so Jesus will always be with us?

SIMPLE PRAYER

Dear God,

Thank you for your love and all that you have done for us. Thank you for giving us your Holy Spirit so that we will never be alone.

In Jesus’ name,
Amen
LESSON REVIEW GAME

True or False.

Elijah was completely alone on the mountain. FALSE

God sent an angel to feed Elijah. TRUE

Elijah felt like God and everyone had abandoned him. TRUE

God was with Elijah, but he didn’t share his plans with Elijah. FALSE

If we invite Jesus into our hearts, we will never be alone. TRUE
CRAFT ACTIVITY

Have the kids color and create a bookmark for their Bible. Have them write or draw something on the bookmark to remind them that Jesus is always with them and will never leave them.